

## Terms of service

### Bookings

Bookings close 10 days before the retreat begins, subject to availability.

Please make one booking per person and ensure the booking is under your name. Bookings are non-transferrable.

### Cancellation & Refund Policy

Cancellations more than 7 days before the retreat begins will be refunded all but a 25% non-refundable deposit. Cancellations within 7 days of the retreat beginning are non-refundable and non-transferable.

Exceptions are discretionary and may be made in cases such as bereavement or sickness, or other reasonably unforeseen circumstances. All such requests must be made in writing to [retreats@meditateinadelaide.org.au](mailto:retreats@meditateinadelaide.org.au) within 72 hours of the retreat start date.

### Confirmation

You will receive an email confirmation soon after payment has been processed.

### Accommodation & What to Bring

All attendees are required to stay on site for the duration of the retreat. To get the most benefit out of the retreat, day or short-term visitors are not permitted.

Unless requested at the time of your booking, you will need to bring your own linen, including sheets, doona/blanket/sleeping bag, pillow, and towel. Each bed will be fitted with a mattress protector.

If you purchase linen as part of your booking, you will receive: a fitted sheet, cover sheet, blanket, pillow, and a towel.

### Meals

Meals (breakfast, lunch and dinner) are included from dinner on Friday through to lunch on Sunday. The standard menu will be vegetarian and may contain dairy, eggs and wheat. Please indicate in the booking form if you require vegan or gluten-free or any other special dietary requirements. It is vital that you indicate any dietary requirements to ensure that the kitchen can cater to everyone's needs.

Please email [retreats@meditateinadelaide.org.au](mailto:retreats@meditateinadelaide.org.au) if you have any concerns or if you have more complex dietary requirements.

Morning and afternoon tea are also provided. You may bring snacks with you, but as part of the conditions of hire of the venue, all meals are otherwise provided by the venue.

## **Children**

With regret we cannot offer the retreat to children under the age of 16.

Young Adults: 16- and 17-year-olds must be accompanied by an adult.

## **Mobility Access**

There is ramp access to all facilities. Accessible toilet facilities are available within the accommodation building. Please contact us in advance if you have special requirements or restricted mobility and we will do our best to meet your needs.

## **General Guidelines**

During the retreat, you are requested to please refrain from smoking, vaping, taking intoxicants and drinking alcohol in the building and on the grounds. Retreat guests are welcome to smoke in the nearby car park.

Camping, Caravans, Campervans and Mobile Homes are not accepted on-site.

## **Contact Us**

For further information, please contact us by email: [retreats@meditateinadelaide.org.au](mailto:retreats@meditateinadelaide.org.au)